

RISK, REWARD, AND REALISTIC EXPECTATIONS



Providing realistic expectations for residents and families helps establish best outcomes for care. The benefits include higher satisfaction levels, lower risk, and stronger relationships.

Let's explore **5 realities associated with the long-term care transition**. Sharing these with families assists tremendously with their preparation and trust. These can be found in more detail for training and sharing at hrsins.com/education

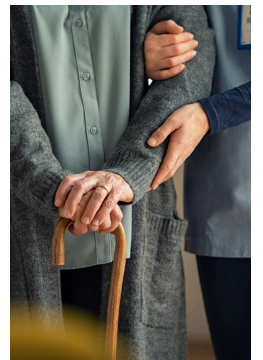


REALITY 1: NOT 24HR OR 1:1 CARE

- Community living provides resources not available in personal homes.
- It does require a multi staff and resident approach to care.
- Caregiver availability can be unpredictable. Communities have more resources to manage and support professional staff.

REALITY 2: RESPONSE TIMES

- Licensed communities have the security of regulatory oversight while also challenged with rigorous requirements.
- Staff response times are not always immediate given other residents needs and priorities.
- Immediate bedside care for most residents requires additional support systems in any living environment, which can be costly and unrealistic.



REALITY 3: DIFFERENCE BETWEEN NEEDS & WANTS

- Prioritize needs over wants to assist with realistic response times.
- Understanding the difference can reduce emotional responses and frustrations.
- Compromise is necessary in group living situations.

REALITY 4: AGING CAN BE COMPLEX

- Aging brings unavoidable realities; not all health issues are fixable.
- Health crisis often require long term care services.
- Maintaining high functioning is a goal, but decline is likely over time.
- Seek trusted resources and be flexible as needs increase.



REALITY 5: ESSENTIAL COMMUNICATION

- Open communication is crucial; assume nothing and seek explanations.
- Build relationships with caregivers for better understanding and cooperation.
- Partner with the caregiving team for effective care planning and problem-solving.

The issues surrounding transitions into long-term care are complex and difficult at best. Working together with families and residents to gain understanding of their individual situations equips all parties for the best outcomes.

Visit hrsins.com/education for more information to share with families and staff on realistic expectations